Information to Help You: Factsheet 3 OUT AND ABOUT (Transport, Parking, Toilets)

Parking in Middlesbrough

Middlesbrough Council has FREE parking for 2 hours in some of the Council operated car parking sites, 7 days per week.

Blue Badge Scheme

The National Blue Badge scheme offers parking provision for a disabled person travelling as either the driver or passenger. The badge allows convenient parking close to where the disabled person needs to go. The Council allows free parking without time limits for holders of Blue Badges including long and short stay sites. The Council can let you know if you are eligible and there is a £10 charge for the badge, which lasts for 3 years. Visit the Middlesbrough Council website for further information including parking sites or to complete an "on line" application form. www.middlesbrough.gov.uk or contact 01642 726004.

There is a new service, which shows the locations of Blue Badge Parking in 64 cities across the UK. For more information visit: www.direct.gov.uk/blue-badge-scheme-information

Concessionary Travel Scheme

Qualifying older people or people with a disability (18+) can apply for a bus pass. After 9.30am bus pass holders pay a lower fixed fare for any journey. You can complete an online application on the Council website. For more information contact 01642 726053 or visit:

www.middlesbrough.gov.uk/travelscheme

Dementia Friendly Parking Bays are available in the Hill Street Centre. the bays display the Dementia Friends forget-me-not logo and are wider than normal bays, to make it easier for those living with dementia and their Carers to go to the centre.

Transport Information

- Travel Helpline can offer fast simple and accurate advice for all public travel enquiries. Telephone 08712002233 during office hours or visit www.traveline.info
- Middlesbrough Council Licensing Department can provide a list of taxi firms that can help disabled people. Telephone 01642728010 or visit www.middlesbrough.gov.uk

Short Term Loan

The British Red Cross can provide short-term loans of equipment such as wheelchairs for people with a disability or illness. For further information contact 01642 607230. The cycle centre inside Middlesbrough Bus Centre provides manual wheelchairs & scooters available on a daily loan basis, this includes and hourly charge. For more information telephone 01642 219620 or visit Middlesbrough Cycle Centre, 4 Station Street, Middlesbrough, TS1 5EA. www.visitmiddlesbrough.com/venues/middlesbrough-cycle-centre

Changing Places

Changing Places toilets are designed for people with complex physical needs. They are larger than normal toilet cubicles and include a hoist, changing bench, toilet and lots of space. You will need to join a free membership in order to use some of the sites. Changing Places can be found at:

Middlesbrough Bus Station Rainbow Centre (Coulby Newham)

Neptune Centre (Berwick Hills) My Place (Middlehaven)

James Cook University Hospital Stewart Park (Vocational Centre)

The Orchard (Lansdowne Road) Cumberland Resource (Linthorpe Village)

If you would like more information contact 01642 726004 or visit

www.middlesbrough.gov.uk

Radar Key

A key will allows disabled people access to disabled toilets and also to the Changing Places Toilets. Keys can be bought from Middlesbrough House, Middlesbrough Council, PO Box 500, Middlesbrough, TS1 9FT or from the RADAR website.

For more information telephone 01642 245432 or visit the website www.radar.org.uk

Cinema Exhibitors Card

This is a national card issued to a person with a disability, which entitles the holder to 1 free ticket for the person who supports them. There is a cost for processing the card, which is valid for 1 year. For more information visit www.ceacard.co.uk

You can get a copy of these fact sheets by visiting www.middlesbrough.gov.uk, contacting your Social Worker / Care Manager, visiting the Central / Local Library. If you would like to comment on the Factsheets please ring 01642 728305 For more information on services which may be able to help visit: https://www.middlesbroughmatters.co.uk

All information was correct at time of print (07/07/16)