

# Information to Help You: Factsheet 1

## HELP WITH MONEY / FINANCES

### Information about Benefits & Debt

The Middlesbrough Advice Partnership can offer a range of free independent advice about welfare benefits, support with housing costs, debt and credit unions. The Partnership consists of a number of agencies which include:

- **Welfare Rights**  
01642 729242 or e-mail [welfarerights@middlesbrough.gov.uk](mailto:welfarerights@middlesbrough.gov.uk)
- **Citizens Advice Bureau**  
0344 499 4110 – [www.middlesbroughcab.org.uk](http://www.middlesbroughcab.org.uk)
- **Community Hubs**  
Advice drop-in at Birkhall Road, Thorntree (01642246827) / Bishopton Road, Grove Hill (01642278444) / St. Paul's Road, Newport (01642802892) / Derwent Street, North Ormesby (01642243581) / Broughton Avenue, Easterside (01642513150) / Berwick Hills Library (01642230106) / The Manor, Coulby Newham (01642593696)
- **Cleveland Housing Advice Centre**  
01642 254544 or e-mail: [advice@chac92.co.uk](mailto:advice@chac92.co.uk)

Further information can be found on [www.advicemiddlesbrough.gov.uk](http://www.advicemiddlesbrough.gov.uk)

### Money Advice about Energy Costs

**Winter Fuel Payment** : Tax free benefit to help pay heating during the winter months. Telephone 0345915151 or visit [www.gov.uk/winter-fuel-payment](http://www.gov.uk/winter-fuel-payment)

**Energy Saving Advice:** Independent advice on how to save energy or make energy efficiency saving improvements such as installing solid wall insulation/ loft installation / cavity wall installation / boiler/ etc.  
Telephone 03001231234

**Stay Warm Stay Safe:** Cleveland Fire Brigades campaign runs through the winter months providing advice and short term support. If your heating has broken down or you are facing fuel poverty you may be able to get: Portable Heaters / Electric Blankets / Thermal Blankets / Torches / Wind Up Lanterns / Thermometer / Flask. Telephone Cleveland Fire Brigade on 01429 874063 or visit [www.clevelandfire.gov.uk](http://www.clevelandfire.gov.uk)

## **Car Tax Exemption**

Car Tax Exemption is available for a car used by a person with a disability. To check eligibility visit your Post Office or go to [www.gov.uk/vehicle-tax-exemption-disability](http://www.gov.uk/vehicle-tax-exemption-disability)

## **Money Advice about Home Repairs: The Staying Put Agency**

Staying Put Agency has worked with Social Care and other Organisations to help older people (60+), people with disabilities (18+) and people who are vulnerable to live more independently. The Agency will provide information about financial assistance for repairs, improvements or adaptations to your home (such as bathing, accessing the toilet, and going up and down stairs). For more information telephone 08005875184

## **Money Advice and Other Support for Ex Servicemen**

**The Royal British Legion** offers financial and welfare help to ex service members, spouses and dependents. Telephone 08088028080 or contact [www.britishlegion.org.uk](http://www.britishlegion.org.uk)

**SSAFA Forces Help** provide financial, emotional and practical help for those with Forces connections. Telephone 08007314880 or visit [www.ssafa.org.uk/help-you/forcesline](http://www.ssafa.org.uk/help-you/forcesline)

**Veterans Welfare Service** offer one to one professional guidance via telephone or home visits. They can provide information on welfare problems, pension claims and compensation. Telephone 08081914218 or visit – [www.gov.uk/government/group/veterans-welfare-service](http://www.gov.uk/government/group/veterans-welfare-service)

**Soldiers Charity** offer support to serving and retired soldiers and their families. Telephone 02079018900 or visit [www.soldiercharity.org.uk/need-our-help](http://www.soldiercharity.org.uk/need-our-help)

**Veterans Gateway** put veterans and their families in touch with a variety of organisations so they get the help, information, advice and support they need. Telephone 08088021212 or visit [www.veteransgateway.org.uk](http://www.veteransgateway.org.uk)

**You can get a copy of these fact sheets by** visiting

[www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk), contacting your Social Worker / Care Manager, visiting the Central / Local Library.

If you would like to comment on the Factsheets please ring 01642 728305

For more information on services which may be able to help visit:

<https://www.middlesbroughmatters.co.uk>

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