

Event/activity	Location	Date/time/frequency/cost	Ages suitable for	Spaces available/full
READING/POETRY GROUPS				
Reading Group	Acklam Community Hub	Monday 10-11am Monthly	Adults	Full
Reading Group	Acklam Community Hub	Tuesday 5.30-6.30pm Monthly	Adults	Full
Reading Group	Acklam Community Hub	Friday 10-11am Monthly	Adults	Full
Reading Group	Grove Hill Community Hub	Monday 10-11am Monthly	Adults	Full
Reading Group	Hemlington Community Hub	Thursday 10-12pm Monthly	Adults	Spaces available
Reading Group	Marton Community Hub	Monday 4-5pm First Monday of the month	Adults	Limited spaces available
Poetry Group	Marton Community Hub	Friday 10-11:30am Third Friday of the month	Adults	Spaces available

ART/CRAFT/MODEL MAKING GROUPS				
Knit & Natter	Acklam Community Hub	2-3.30pm Weekly	Adults	Full
Knit & Natter	Grove Hill Community Hub	Friday 10-11.30am Fortnightly	All ages	Spaces available
Knit & Natter	Hemlington Community Hub	Saturday 10-12pm Weekly	16+	Spaces available
Knit & Natter	Marton Community Hub	Thursday 2-4pm Weekly	16+	Full
Natty Knitters	Thorntree Community Hub	Tuesday 9am – 2.30pm	50+	Spaces
Art Group	Hemlington Community Hub	Tuesday 1.30-3.30pm Weekly	16+	Spaces available
Art Group	Hemlington Community Hub	Thursday 2-3.30pm Weekly	16+	Spaces available
Craft group	Marton Community Hub	Thursday 10-12pm Last Thursday of the month	Adults	Full
Age UK Craft Session	Grove Hill Community Hub	Thursday 10-12pm Weekly	50+	Spaces
Arts & Crafts	North Ormesby Community Hub	Monday 1-3pm Weekly £1	16+	Spaces
Craft Group	Thorntree Community Hub	Tuesday 9.30-12pm	Adults	Spaces
Crafters Group	Acklam Community Hub	10-12pm Weekly	Adults	Full
Craft Group	Hemlington Community Hub	Tuesday 5-7pm Weekly	16+	Spaces available
Community Craft Class	Easterside Community Hub	Wednesday 5-6.30pm Weekly £1	All ages	Spaces available
Cleveland Miniaturists Model making	Newport Community Hub	Tuesday 6.30-8.30pm Fortnightly	16+	Spaces available

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Sewing	Newport Community Hub	Wednesday 7-9pm Weekly £3	18+	Spaces available
Middlesbrough Model Railway Club	Newport Community Hub	Times & dates vary 4 x week £40 membership per year	18+	Spaces
Thorntree Roses	Thorntree Community Hub	Tuesday 9.30am – 12pm Term time only	Adults	Spaces available

DIGITAL/IT SUPPORT				
Basic Computing (Community Learning)	Easterside Community Hub	Wednesday 4-weekly course cycle	19+	Spaces (Booking essential)
Basic Computing (Community Learning)	North Ormesby Community Hub	Wednesday 4-weekly course cycle	19+	Spaces (Booking essential)
Basic Computing (Community Learning)	Acklam Community Hub	Thursdays 10am-12pm 6 week course		Full
Everyday Computing (Community Learning)	Central Library	Tuesday 10am-12pm Spaces available every 4 weeks	19+ For those new to learning basic computer skills	Spaces (Booking essential via Middlesbrough Community Learning on 01642 811400)
Everyday Computing level 2 (Community Learning)	Central Library	Tuesday 12:30pm-2:30pm Spaces available every 4 weeks	19+ For those looking to advance their skills	Spaces (Booking essential via Middlesbrough Community Learning on 01642 811400)
Computer Help Drop In Sessions (Volunteer Supported)	North Ormesby Community Hub	Wednesday & Thursdays 1-3pm Weekly	All ages	Spaces
Computing for beginners (Middlesbrough Community Learning)	Acklam Community Hub	Tuesdays 10am-12pm 5-weekly course cycle		Spaces (booking required)
Computing for beginners	Marion Community Hub	Fridays 10am-12pm	Adults	Contact Marion Community Hub for details
Internet and Email course	Central Library	Monday 10am to 12pm Spaces available every 4 weeks		Spaces (Booking essential via Middlesbrough Community Learning on 01642 811400)
Everyday Computing (Community Learning)	Thorntree Community Hub	Thursday 9am – 12pm 5-weekly course cycle	Adults	Spaces available

HEALTH/FITNESS/CLINICS				
Active For Life – Gentle exercise sessions	Easterside Community Hub	Tuesday 10.45-11.45am Weekly £1	50+	Spaces
Tai Chi for Rehabilitation	North Ormesby Community Hub	Thursday 10-11am Weekly £2	All	Spaces
Tai Chi	Acklam Community Hub	Fridays 1.30pm-2.15pm, and 2.15pm-3.30pm	18+	Currently full
Tai Chi	Easterside Community Hub	Monday 1-2pm Weekly £2	All	Spaces
Tai Chi	Grove Hill Community Hub	Thursday 12.30pm – 1.30pm Weekly £2 per session	All	
Walking Group (Friends of Marion Library)	Marion Community Hub	Contact Marion Community Hub for dates	Adults	Spaces

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Carpet Bowls (Bowls Club)	Newport Community Hub	Tuesday 1.45pm-3.45pm Weekly £2	18+	Spaces
Carpet Bowls	North Ormesby Community Hub	Friday 10-12.30pm Weekly	All	Spaces
Age UK Carpet Bowls	Grove Hill Community Hub	Monday 10.30-2pm Weekly £1 per session	50+	Spaces
Carpet Bowls	Easterside Community Hub	Monday 2-4pm Weekly	Adults	
Baby clinic	Grove Hill Community Hub	Friday 9.30-11pm Weekly	All	Drop in (Clinic for local residents attended by health visitors and physiotherapist.)
Baby & Child Health Clinic	Thorntree Community Hub	Wednesday 1.00- 3.00pm Weekly	All	
Baby & Child Health Clinic	Newport Community Hub	Tuesday 9.30-11am Weekly	All	
Baby Massage	Grove Hill Community Hub	Friday 11-12pm 5 week course £30	Parents of babies up to 12 months	Booking Required – ellen.holmes@uwclub.net
Stop Smoking Clinic	Easterside Community Hub	Wednesday 10.30-12.30pm Weekly	18+	Spaces
Stop Smoking Clinic	North Ormesby Community Hub	Thursday 10-12pm Weekly	18+	Spaces
Stop Smoking Clinic	Thorntree Community Hub	Wednesday 1.30pm – 3.30pm	Adults	Drop In
Ante/Post Natal Sessions	Thorntree Community Hub	Tuesday & Friday 9.15-12pm Weekly	Adults	
Health and Wellbeing Session (Local residents come together for family support and training opportunities.)	North Ormesby Community Hub	Monday & Wednesday 9.30 – 11.30pm	All	Spaces
Armchair Yoga	Acklam Community Hub	Tuesdays 3-4pm Weekly 6 week paid course	All	Spaces
MOM – Mind Over Matter	Hemlington Community Hub	Tuesday 1.30-3pm Weekly	16+	Spaces (Mental Health Support Group)
Chair exercise	Grove Hill Community Hub	Wednesday 10am-11am Weekly £2 per session	50+	

SPORTS				
ABC Boxing Club (Competitive volunteer run club)	North Ormesby Community Hub	Monday, Wednesday, Friday 5- 8pm	All	Limited spaces
Football (Taxi Group)	Newport Community Hub	Monday 5-6pm Weekly £2	16+	
Football (St Hilda's Group)	Newport Community Hub	Monday 6-7pm Weekly £2.50	18+	

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Football (Trading Standards Group)	Newport Community Hub	Tuesday 6-7pm Weekly £2.50	16+	
Football (Pac Bro Group)	Newport Community Hub	Wednesday 5-6pm Weekly £2.50	16+	
Football (Atkinson Group)	Newport Community Hub	Thursday 6-7pm Weekly £2.50	18+	
Football (Education Dep't)	Newport Community Hub	Friday 6-7pm Weekly £2.50	18+	
Football (Mano River Community)	Newport Community Hub	Saturday 6-7pm Weekly	16+	
Football (Mr Farook's Group)	Newport Community Hub	Sunday 5-6pm Weekly £2.50	16+	
Football (Mr Rashid's Group)	Newport Community Hub	Sunday 8-9pm Weekly £2.50	16+	
Gymnastics	North Ormesby Community Hub	Sunday 10.30-2.30pm Weekly £3	3+	Spaces
Mini Kickz (Middlesbrough Football Club)	Newport Community Hub	Thursday 5-6pm Weekly	6+	Spaces
Volleyball (Middlesbrough Volleyball Club)	Newport Community Hub	Tuesday 12.30-2pm Weekly £2	18+	Spaces
Multi sport	Grove Hill Community Hub	Monday 3.30pm – 4.30pm Weekly Free	7 – 13 years	

MARTIAL ARTS				
Karate	Newport Community Hub	Monday/Thursday 6.30pm-8pm Twice weekly £3	5yrs+	Spaces
Kickboxing (Scorpio Kickboxing)	Newport Community Hub	Tuesday 7pm-8pm Weekly £3	7yrs+	Spaces
Techmasters Kickboxing (Little Techs)	Thorntree Community Hub	Tuesday/Thursday/Friday 4.40pm-5.30pm Weekly Costs on request	Ages 4-6	Spaces
Techmasters Kickboxing (Junior Techs)	Thorntree Community Hub	Tuesday/Thursday/Friday 5.40pm-6.30pm Weekly Costs on request	Ages 7-11	Spaces
Techmasters Kickboxing (Adult Techs)	Thorntree Community Hub	Thursday/Friday 7.30pm-8.45pm Weekly Costs on request	Adults	Spaces
Techmasters Kickboxing (Advanced Techs)	Thorntree Community Hub	Tuesday/Thursday/Friday 6.30pm-7.30pm Weekly Costs on request	Adults/Families	Spaces

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Taekwondo	Thorntree Community Hub	Monday 5-6pm Weekly	Ages 4-7	Spaces
Taekwondo	Thorntree Community Hub	Monday 6.30-8pm Weekly	Adults	Spaces
Teesside Martial Arts	Easterside Community Hub	Wednesday/Friday 6.30pm-7.30pm Weekly £3	All	Spaces

DANCE/PERFORMING ARTS/MUSIC				
Dance with Claire (various dance styles)	Easterside Community Hub	Monday 1.30pm-8pm (Weekly) Tuesday 4.30pm-9pm (Weekly) Thursday 3.30pm-4.30pm (Weekly) Friday 10am-11am & 3.30pm-4.30pm Weekly) £3/£4.50	5+	Spaces
Line Dancing (Dancing Boots Group)	Newport Community Hub	Wednesday 12pm-1.30pm Weekly £2	18yrs+	Spaces
Line Dancing	North Ormesby Community Hub	Monday 5:30pm-6.30pm Weekly £4	All	Spaces
Street Dance	North Ormesby Community Hub	Thursday 6pm-7.15pm Weekly £4	Under 10yrs	Spaces
Street Dance	North Ormesby Community Hub	Thursday 7.15pm-8.30pm	10yrs+	Spaces
Performing Arts Dance & acting classes	North Ormesby Community Hub	Tuesday/Wednesday 4pm-9pm Weekly	Under 16yrs	Spaces
Keyboard Class	North Ormesby Community Hub	Thursday 10am-12:30 pm Weekly £1	All (Must have own keyboard to bring along)	Spaces

HISTORY/LOCAL HISTORY/FAMILY HISTORY				
Local History Group (Local residents meet to learn and discuss the history of the North Ormesby Area)	North Ormesby Community Hub	Monday 1pm-3pm Weekly £1 per person	16+	Spaces
Online Family History	Hemlington Community Hub	Tuesday 3pm-5pm Weekly	16+	Spaces
Online Family History	Acklam Community Hub	Monday 10am-12pm Weekly	19+	Spaces (Booking required via Nunthorpe Community Learning)
Online Family History	Acklam Community Hub	Friday 10am-12pm Weekly	19+	Spaces (Booking required via Ged Milestone – contact Acklam Hub for further information)
Stephenson Locomotive Society	Newport Community Hub	Friday 6.30pm-9.30pm Monthly	18+	Contact Society for further details
North York Moors Railway Society	Newport Community Hub	Friday 7 - 9pm Monthly	18+	Contact Society for further details
U3A Family History Group	Central Library	Thursday 10am-12pm Every third Thursday of the month		Those wishing to attend this must be members of the U3A and can find more info about joining on their website

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Egyptology	Grove Hill Community Hub	Saturday 10.30am – 12.30pm Monthly	Adults	Contact Geoff on 01642 249971 for further details
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DEMENTIA CAFES				
Memory Lane Dementia Cafe	Central Library	Wednesday 1pm-3pm Third Wednesday of every month	Adults	Spaces
Dementia Cafe	Acklam Community Hub	Thursday 1.30pm-3.30pm Fourth Thursday of every month	Adults	Spaces
Memory Lane Dementia Cafe	Marton Library & Community Hub	Monday 2pm-4pm Second Monday of the month	Adults	Spaces
Singing for the Brain	Thorntree Community Hub	Thursday 2pm-4pm Fortnightly	Adults	Spaces

FUNCTIONAL SKILLS/ESOL/SIGN LANGUAGE/WORK CLUBS/COURSES				
English (ESOL)	Newport Community Hub	Monday 9:30am-12.30pm Monday 1:pm-3pm Weekly	Adults	Spaces available
English (ESOL)	Newport Community Hub	Wednesday 10am-2pm Weekly	Adults	Spaces available
English (ESOL)	Newport Community Hub	Thursday 12:30pm-2:30pm Weekly	Adults	Spaces available
Job club	Grove Hill Community Hub	Monday 9am – 12pm Weekly	Adults	Spaces - Drop In
Job club	Grove Hill Community Hub	Friday 9-12pm Weekly	Adults	Spaces - Drop In
Job club	Easterside Community Hub	Friday 9-12.30pm Weekly	Adults	Spaces - Drop In
Work club	North Ormesby Community Hub	Tuesday 9.30 - 12:30pm Weekly		Spaces - Drop In
Job club	Hemlington Community Hub	Thursday 9.30-12pm Weekly	19+	Spaces - Drop In (Community Learning)
Job club	Thorntree Community Hub	Thursday 9am – 12pm Weekly	18+	Drop In
Job club	Newport Community Hub	Wednesday 12.30-1pm Weekly	18+	Spaces –Drop In
Job club	Central Library	Wednesdays 12.30pm – 3pm Fortnightly Free		Spaces –Drop In
Routes to Work advice (Help with finding courses and information relating to employment and training)	Central Library	Friday 9.30am – 12.30pm		Contact Kevin Phillips on kevin.phillips@middlesbrough.gov.uk

FINANCE				
Credit Union	North Ormesby Community Hub	Thursday 10-12 Weekly	All	
Credit Union	Hemlington Community Hub	Tuesday, Thursday, Saturday 10-11am Weekly	All	
Credit Union	Grove Hill Community Hub	Monday 8:15am – 9:30am Wednesday 8:15am -10am	All	

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		Weekly		
Pioneer Credit Union	Acklam Community Hub	Tuesday 9.30-10.45am Weekly	All	
Pioneer Credit Union	Thorntree Community Hub	Thursday 11-12pm Weekly	All	
St Paul's Mutual Aid	Newport Community Hub	Saturdays 9am- 1pm	All	

SOCIAL/COFFEE MORNINGS/BINGO				
Coffee Drop In	North Ormesby Community Hub	Tuesday 3:30 – 5pm Weekly	All	Spaces (For local residents to meet others)
Cuppa and cake club	Thorntree Community Hub	Wednesday 9:30am - 11:30am Weekly	Adults	Drop in
EDRA Community Café	Easterside Community Hub	Tuesday 9.30am-12.30pm, Wednesday 9.30am-12.30pm, Thursday 9.30am-12.30pm Weekly	All	Community cafe run by local residents, providing a place for residents to enjoy an affordable snack and coffee and met up with others.
Easterside Friendship Group	Easterside Community Hub	Fridays 1.30-3.30 pm Fortnightly £1 per session	50+	For local residents. This session is run by volunteers, giving older residents the opportunity to mix and enjoy the company of others with trips to seaside/theatre.
Easterside Community Bingo Sessions	Easterside Community Hub	Thursday 1-3pm Weekly	18+	Spaces (Volunteer run session giving elderly residents the opportunity to mix and enjoy the company of others.)
Friday Club	North Ormesby Community Hub	Friday 11.30 - 2:30pm Weekly	All	Spaces (Lunch and bingo for residents in a relaxed and friendly environment.)
Kinship Care and Support Bingo Sessions	Grove Hill Community Hub	Tuesday 10-12pm Weekly	Adults	Spaces (Care and support community group for grandparents looking after family children, providing a caring place for to come and meet people in similar situations.)
Age UK Lunch & Social	North Ormesby Community Hub	Tuesday 10.30-2.30pm Weekly £3	50+	Spaces
Thursday Club	Newport Community Hub	Thursday 1-3pm Weekly £1	60yrs+	Spaces (singing, conversation, bingo and occasional days out)
Retired Unison Social	Newport Community Hub	1.30-3.30 Monthly	Adults	Spaces for those retired from service.
WRAC	Newport Community Hub	Wednesday 12pm-3pm Monthly	Adults	Spaces for ex-RAF ladies only
World Ship Society	Newport Community Hub	Wednesday 7pm-9pm Third Wednesday of the month	Adults	Spaces (special interest group)
Middlesbrough Model Railway Club	Newport Community Hub	Various nights depending on steam or diesel trains		Call the Hub and leave your contact details
Health and wellbeing ladies group	Grove Hill Community Hub	Monday 12.30pm – 2pm (term time only) Weekly		

YOUTH CLUBS				
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Luays Youth Club	Easterside Community Hub	Tuesday 5.30pm-7pm Weekly £1 per session	13+	Spaces (Christian youth club for all. Activities for local residents to participate in)
Tommy's Youth Club	Thorntree Community Hub	Wednesday 5pm-6.45pm Weekly	10-16	Spaces
Youth Club	North Ormesby Community Hub	General Monday & Thursday 5pm-7.30pm Girls - Alternate Wednesdays 5pm-7.30pm Boys - Alternate Fridays 5pm-7.30pm (term time only)	10-16	Spaces
Youth Club	Grove Hill Community Hub	5pm – 7pm Monday (weekly) 50p per session 6pm – 8pm Tuesday (weekly) 50p per session	10 – 12 years 13 – 19 years	
Youth Club	Grove Hill Community Hub	Thursday 5-7pm Weekly	10-15yrs	Spaces (Run by Linx – Hemlington Detached Youth Work Project)
Youth Club	Newport Community Hub	Thursday 6.30-8.30pm Weekly	13+yrs	Spaces (Run by Linx – Hemlington Detached Youth Work Project)

Family/Children's Activities				
Funky Feet (toddler exercise session)	Acklam Community Hub	Monday 10.45-11.30pm (term time only) Weekly Payment in advance per term, £3 per session	0-4yrs	Spaces – Booking via Leanne.oxley@stockton.gov.uk or Tel: 01642 524599 or at funkyfeet4kids.co.uk)
Tots & Toys	Acklam Community Hub	Thursday Weekly	0-4yrs	Spaces
Tots & Toys	Hemlington Community Hub	Monday 1.30-2.30 Weekly	0-4yrs	Parent Led session
Tots & Toys	Marton Community Hub	Monday 10-11pm	Babies and children up to 4 years	Spaces
Stay & Play	Thorntree Community Hub	Thursday 9.30-11am Weekly	0-4yrs	Spaces
Baby Play	Thorntree Community Hub	Thursday 1-2.30pm Weekly	Babies	Spaces
Lego Club	Central Library	Monday 4 -5.15pm Weekly Free	Family (ages 4+)	Spaces
Lego Club	Marton Community Hub	Saturdays 10.30am-11.30am Fortnightly	Family	
Lego Club	North Ormesby Community Hub	Saturday 10-11.30am Weekly	Family	Spaces
Lego Club	Acklam Community Hub	Saturday 10.30-11.30am Weekly	Family	Spaces
Chess Club	Central Library	Saturday 10am-12pm Weekly Free	Family	Spaces (All levels)
Tees Valley Roller Skating Club	Newport Community Hub	Saturday 10.30-12pm & 5-6pm Weekly	5yrs+	Spaces
Rhymetime with Martyn the Music Man	Central Library	Tuesday 1.30pm–2.30pm Free	Babies and children up to 4 years	Spaces (free to attend)
Rhymetime with Martyn the Music Man	Thorntree Community Hub	Tuesday 10.30am – 11.30am	Babies and children up to 4 years	Drop in

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Rhymetime with Martyn the Music Man	Grove Hill Community Hub	Tuesday 1pm – 2.30pm Weekly Free	Babies and children up to 4 years	Drop in
Story Time for pre-schoolers	Marton Community Hub	Thursdays 10am-11am (term time only) Fortnightly		
Moo Music sessions	Grove Hill Community Hub	Friday 10am – 11 am (weekly) Friday 11am – 12 pm (weekly)	0 – 2 yrs Mixed upto 5 yrs	First session free Contact www.moo-music.co.uk for further details

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